

It is Women's Health Month! Read our latest white paper and blog focused on maternal health equity and closing gaps in maternal health.

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SameSky Health Newsletter

Issue 10

May is Women's Health Month! This issue is focused on the importance of empowering and enabling women to make their health a priority. We recently launched the CultureGuide™ **Women's Health Pathway** with a health plan in the Northeast, focusing on educating and guiding members to complete important health screenings, and provide reminders for key health visits. In addition, these members will receive important information about overcoming barriers to care, how to manage stress, living healthy lifestyles, and more. It's important to remind people of the importance of taking care of themselves so that they may live healthier, more active lives.

Blog: Advancing maternal health equity featuring Mahmee

Melissa Hanna, CEO, and Dr. Amanda Williams, Medical Director for Mahmee, joined Abner Mason in an important conversation about the critical state of maternal health for Black women.

"Black women do not have the same positive outcomes as their white peers, and it doesn't have anything to do with their education... The California Maternal Quality Care Collaborative study out of Stanford recently revealed that the very wealthiest Black Americans and their babies are dying at double the rate of the poorest white Americans. Structural racism exists and it is impacting outcomes." -Dr. Amanda Williams



Press Release

SameSky Health launches new CultureGuide Virtual Health Assistant.

[Read](#) the announcement.



Join Abner Mason on *The Other 80* Podcast as he discusses Building Trust. "One of the things we've learned is that people are not quality measures; we need to prioritize them first."

[Read the blog and watch the video](#) to learn more.

White paper: Closing the maternal health gap

SameSky Health published a new white paper that discusses the vital role that health plans play in addressing health disparities and improving outcomes, especially when it comes to women's health as a whole, and more specifically, in improving maternal health.

[Read](#) the white paper to learn about maternal health engagement challenges and recommended tactics for health plans.

Discussion Series: Under the Same Sky

Join us for our next live conversation on **Thursday, May 18, at 11:00 AM Pacific** with our guest, Dr. Trenor Williams, CEO and co-founder of Socially Determined. Our discussion will be centered around social risks, why it's important to understand and quantify the impact of the social determinants of health, and actions healthcare organizations can take to improve health outcomes, reduce health disparities, and track measurable results.

[ADD TO CALENDAR](#)

[Follow us](#) on LinkedIn to hear the live conversation. Previous discussions are also available to [watch on-demand](#).

Webinar Registration Now Open: *Drive better health outcomes through increased Medicare member participation in Annual Wellness Visits*

Over the course of the past year, SameSky Health partnered with a Medicare Advantage plan to engage their members in completing their Annual Wellness Visits (AWVs). The results are compelling and demonstrate the importance of engaging members in their AWVs to close gaps in care, reduce health disparities and enhance overall member experience. Join us on **Thursday, May 25 at 11:00 AM Pacific** to learn more.

[Play](#) the podcast >> **43 min.**



The *Verizon Podcast* presents The Health Equity Landscape for 2023 Part 1 of 2. Abner discusses bridging the health equity gap for people impacted by the social determinants of health (SDOH) and underserved communities.

[Play](#) the podcast >> **26 min.**

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Podcast: Subscribe today!

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